



**1st
European
Conference on
Infection in
Leukemia**

Empirical Antifungal Therapy

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Background

- Empirical antifungal therapy for suspected invasive fungal infections (IFI) is a standard of care in neutropenic cancer patients with persistent fever despite broad-spectrum antibiotics (*IDSA, CID, 2002*)
- New antifungal agents offer alternative treatment options
- Choice of the appropriate drug guided by efficacy, safety and economic issues represents a new challenge
- Evidence-based European guidelines are needed

Objectives

1. European experts' management strategies ?
2. Impact of empirical antifungal therapy :
 - Fever ?
 - Breakthrough IFI ?
 - Mortality due to IFI ?
 - Toxicity ?
 - In leukemia vs. allo- vs. auto-HSCT ?
 - In FUO vs. documented infections ?
 - Patients receiving vs. not receiving antifungal prophylaxis ?
3. Evidence-based European guidelines for empirical AF therapy

Methods

1. Questionnaire: European experts' practices
2. Literature review

Search

- MEDLINE (Medical Subject Heading terms)
- COCHRANE
- PUBMED
- MANUAL SEARCH in bibliography of reference publications
- ICAAC, ECCMID, ASH, ASCO, and EBMT 2002-2005

Analysis of comparative clinical trials

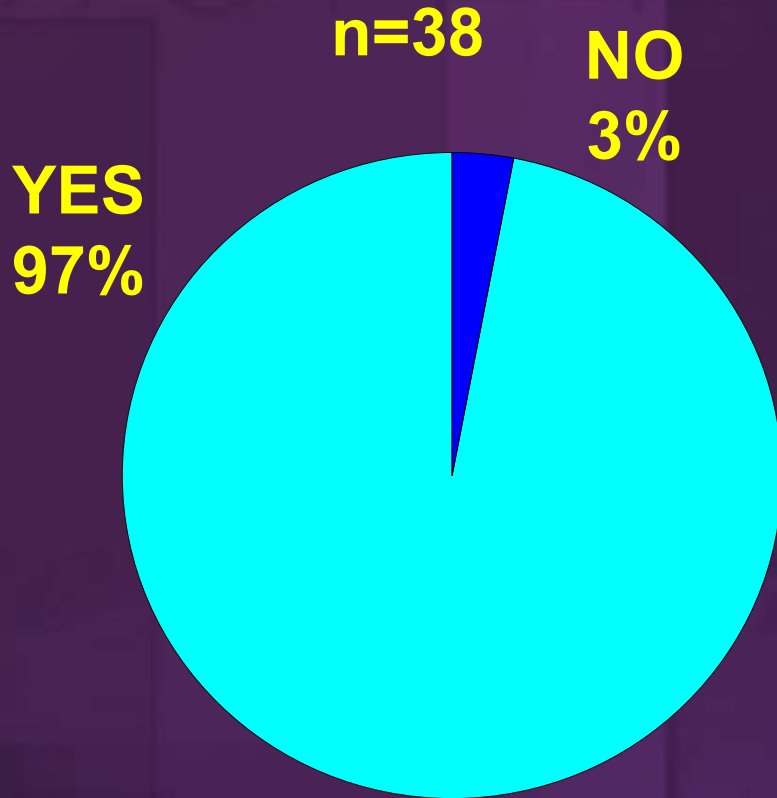
3. CDC grading

1. Questionnaire: Experts' Practices

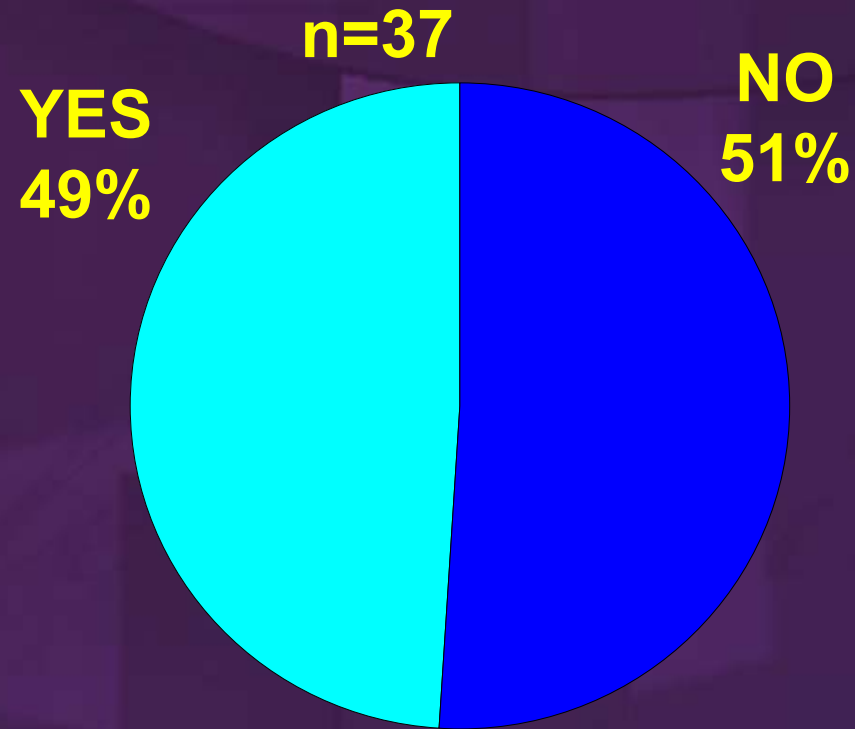


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Do You Use Empirical Antifungal Therapy ?



Is Time of Initiation Different in Presence of Microbiologically Documented Bacterial Infection ?



Time of initiation ?

First febrile episode 5 d (3 to 8.5) vs.
Fever relapse 3 d (1 to 8.5)
 $p < 0.001$

Time of initiation ?

MDI 6.5 d (4 to 8) vs.
CDI/FUO 4 d (3 to 6)
 $p < 0.001$

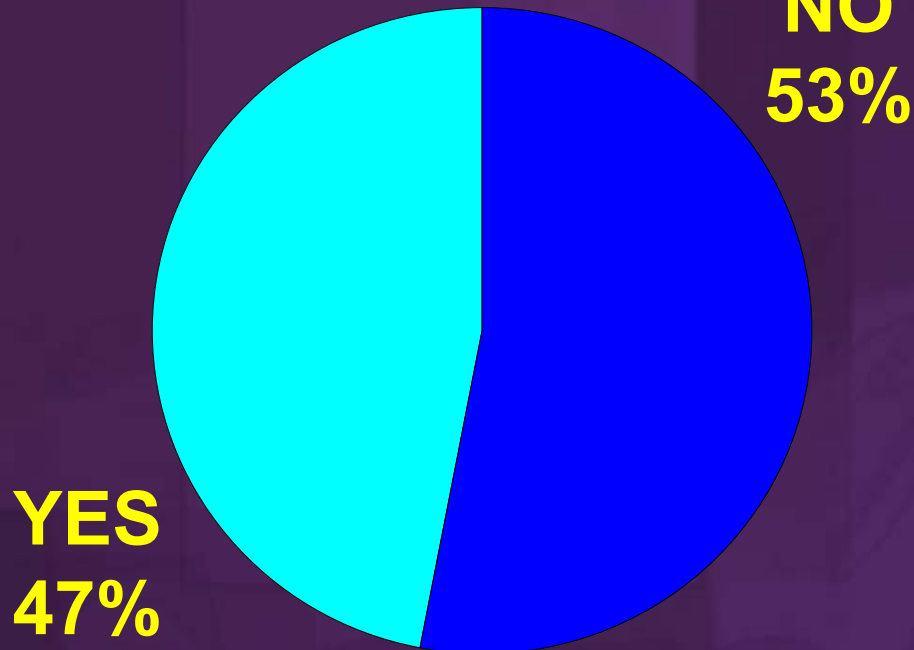
Antifungal Regimen and Clinical Setting

1. Type of cytotoxic chemotherapy
 - Induction/Consolidation AL: Ampho B deoxycholate
 - Allo-HSCT: Liposomal AmB
 - Auto-HSCT: Ampho B deoxycholate
2. Clinical presentation
 - FUO: Ampho B deoxycholate
 - GI-tract colonization/Enterocolitis: Fluco / AmB-d / Caspo
 - Pneumonia/Positive galacto-Mn: Voriconazole
 - Clinical instability: Liposomal AmB or Caspofungin
3. Antifungal prophylaxis influences choice of empirical regimen for 62% of experts

Questionnaire on European Experts' Practices

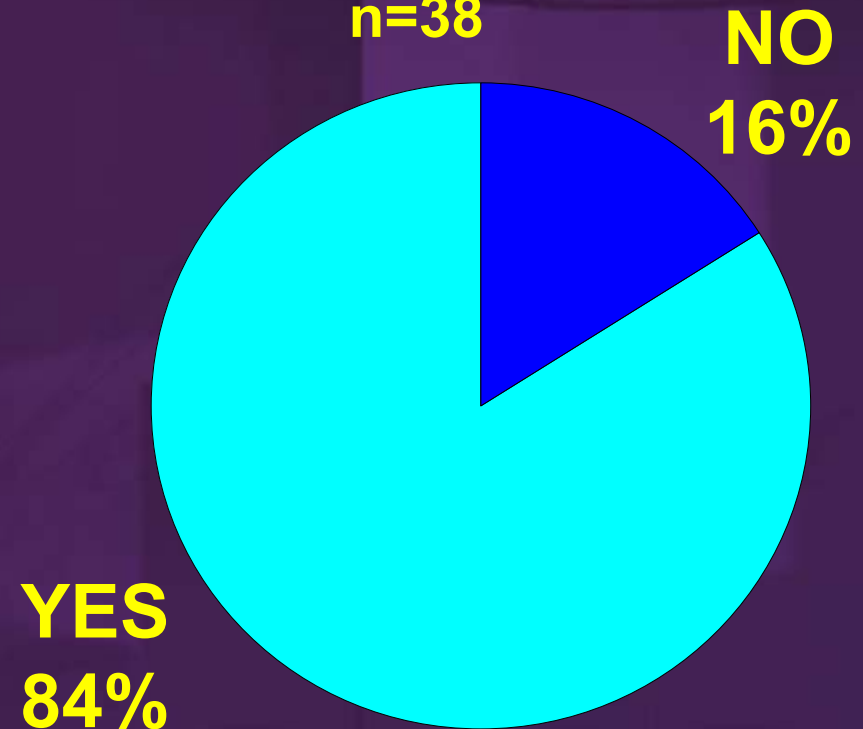
Are Your Choices Evidence-Based ?

n=47



Are Further Studies on Empirical Therapy Required ?

n=38



in Leukemia

2. Literature Review: Comparative Clinical Trials



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COMPARATIVE TRIALS

n=25



Ampho B vs. No Therapy
n=2



Antifungal A vs. Antifungal B

n=23



IFI at baseline
n=4

Primary: Efficacy

n=11

Primary: Toxicity

n=8

Sample Size
Based on

No Power
Calculation

> 150 Pts
n=4

< 150 Pts
n=4

Power Calculation n=5
Power Calculation n=6

1980s

1990 - 2005



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Ampho B Deoxycholate vs. No Therapy

Pizzo, Am J Med, 1982; 72: 101-11
EORTC, Am J Med, 1989; 86: 668-72

1. Inclusion

- **Fever (FUO or CDI) > 38 °C during > 4-7 days +**
- **Neutrophils < 0.1 - 0.5 G/L**

2. Open randomization

- **Ampho B deoxycholate 0.5-0.6 mg/kg/d vs.**
- **No therapy**

3. Treatment duration

- **Afebrile +**
- **Neutrophils > 0.5 G/L**

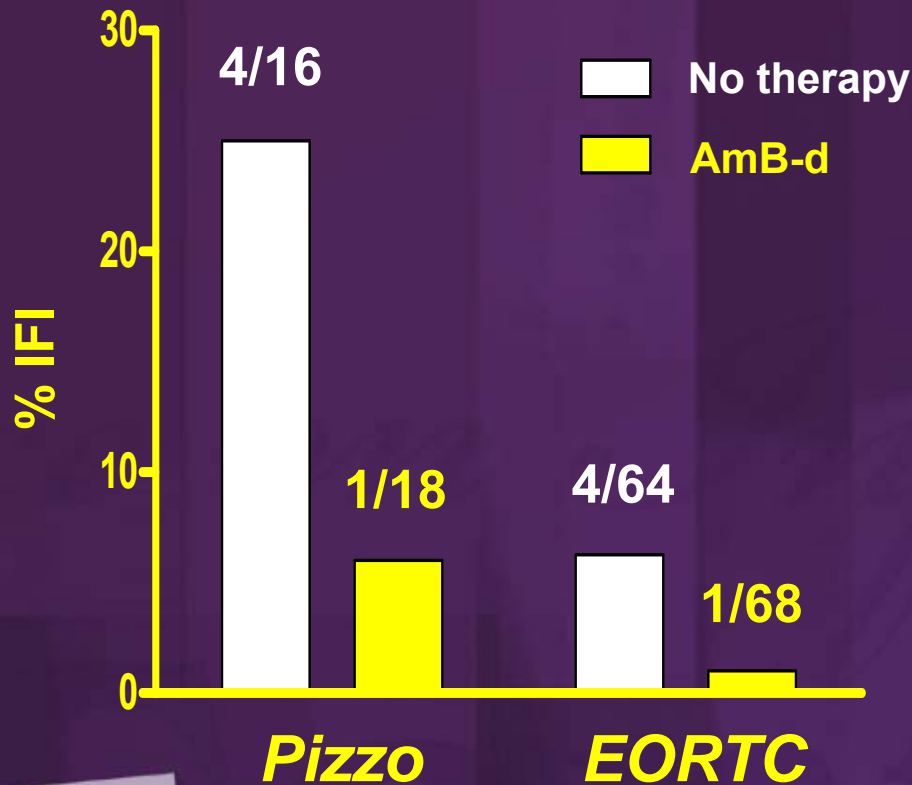


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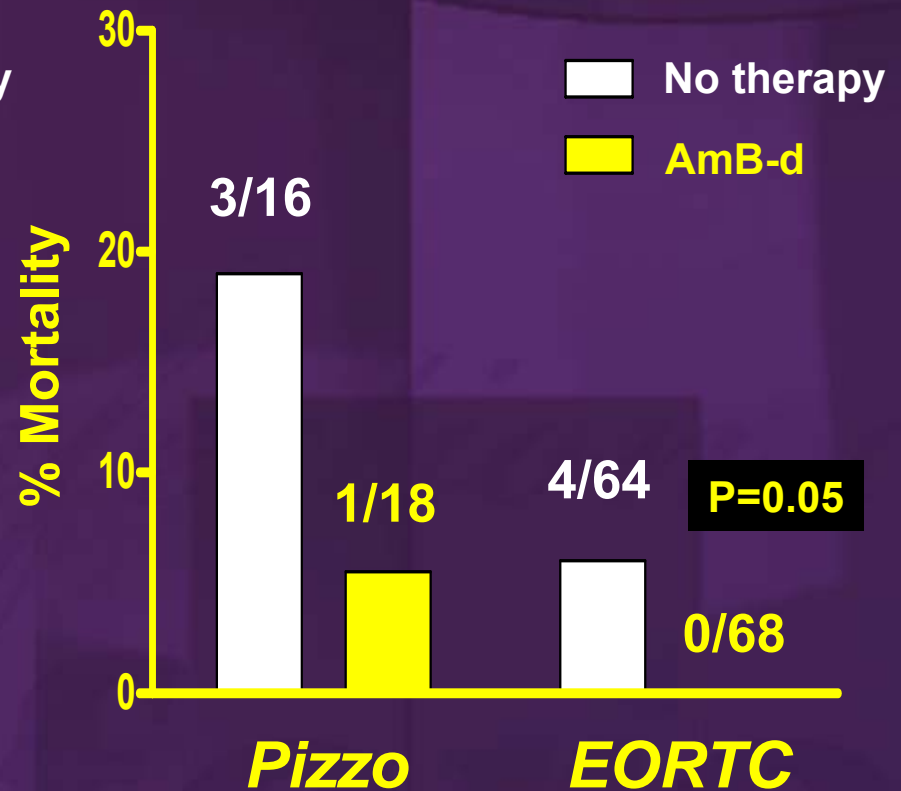
Ampho B Deoxycholate vs. No Therapy

Pizzo, Am J Med, 1982; 72: 101-11
EORTC, Am J Med, 1989; 86: 668-72

Invasive Fungal Infections (IFI)



Mortality IFI



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COMPARATIVE TRIALS

n=25



Ampho B vs. No Therapy

n=2



Antifungal A vs. Antifungal B

n=23



IFI at baseline
n=4

Primary: Efficacy

Primary: Toxicity

n=11

n=8

Power OK
n=5

Underpower
n=6

> 150 Pts
n=4

< 150 Pts
n=4

Ampho B deoxy vs. Lipid ampho B, n=4
Azoles vs. Ampho B, n=4
Echinocandin vs. Ampho B, n=1

1980s

1990 - 2005



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Comparison of Two Empirical Antifungal Agents

FUO + > 38 °C during > 3-5 days (or relapsing) + Neutrophils <0.5 G/L

↓
**Open or double-blind randomization
(Stratification: Risk + Antifungal Prophylaxis)**

AMPHOTERICIN B

**OTHER FORM AMPHO B or
AZOLE or
ECHINOCANDIN**

↓ ↓
**Primary endpoint: EFFICACY (equivalence or non-inferiority) or
TOXICITY**

Assessment efficacy: COMPOSITE endpoint (3-6 criteria)

Synopsis of Clinical Trials

	Size	Design	Regimens	Primary endpoint
Prentice, 1997	338	Open	Lipo AmB 1 or 3 vs AmB-d 1	Severe toxicity
White, 1998	196	Double-Blind	ABCD 4 vs AmB-d 0.8	Nephrotoxicity
Walsh, 1999	687	Double-Blind	Lipo AmB 0.6 vs AmB-d 0.6	Equivalent efficacy ($\pm 10\%$)
Wingard, 2000	244	Double-Blind	Lipo AmB 3 or 5 vs ABLC 5	Infusion-related toxicity
Winston, 2000	317	Open	Fluco 400 vs AmB-d 0.5	Equivalent efficacy ($\pm 15\%$)
Boogaerts, 2001	360	Open	Itra 200, then 400 vs AmB-d 0.7-1	Equivalent efficacy ($\pm 15\%$)
Ehninger, 2002	162	Open	Itra 200, then 400 vs AmB-d 0.7-1	Severe toxicity
Walsh, 2002	837	Open	Vori 6, then 400 vs Lipo AmB 3	Non-inferior efficacy ($\pm 10\%$)
Walsh, 2004	1095	Double-Blind	Caspo 50 vs Lipo AmB 3	Non-inferior efficacy ($\pm 10\%$)

Overall Response (Composite Endpoint)

	EXPERIMENTAL		CONTROL		
Prentice, 1997	Lipo AmB 1	58%	AmB-d 1	49%	P=0.09
	Lipo AmB 3	64%			
White, 1998	ABCD 4	50%	AmB-d 0.8	43%	NS
Walsh, 1999	Lipo AmB 3	50%	AmB-d 0.6	49%	NS
Wingard, 2000	ABLC 5	33%	Lipo AmB 3	40%	NS
			Lipo AmB 5	42%	
Winston, 2000	Fluco 400	68%	AmB-d 0.5	67%	NS
Boogaerts, 2001	Itra 200	47%	AmB-d 0.7	38%	Δ 9 (CI -1 to 13)
Ehninger, 2002	Itra 200	63%	AmB-d 0.7	43%	P=0.0001
Walsh, 2002	Vori 6	26%	Lipo AmB 3	31%	Δ -4 (CI -11 to 2)
Walsh, 2004	Caspo 50	34%	Lipo AmB 3	34%	Δ 0 (CI -6 to 6)

Outcome of Baseline IFI

	Endpoint	EXPERIMENTAL	CONTROL			
Walsh, 1999	Success	Lipo AmB 3	9/11 (82%)	AmB-d 0.6	8/11 (73%)	NS
Winston, 2000	Success	Fluco 400	3/10 (30%)	AmB-d 0.5	5/9 (55%)	NS
	Mortality		4/10 (40%)		4/9 (44%)	
Walsh, 2002	Success	Vori 6	6/13 (46%)	Lipo AmB 3	4/6 (67%)	NS
Walsh, 2004	Success	Caspo 50	14/27 (52%)	Lipo AmB 3	7/27 (26%)	0.04
	Mortality		3/27 (11%)		12/27 (44%)	0.01

Breakthrough IFI

EXPERIMENTAL

CONTROL

Prentice, 1997	Lipo AmB 1	3%	AmB-d 1	2%	NS
	Lipo AmB 3	2%			
White, 1998	ABCD 4	17%	AmB-d 0.8	18%	NS
Walsh, 1999	Lipo AmB 3*	3%	AmB-d 0.6	8%	P=0.005
Wingard, 2000	ABLC 5	4%	Lipo AmB 3	4%	NS
			Lipo AmB 5	2%	
Winston, 2000	Fluco 400	4%	AmB-d 0.5	4%	NS
Boogaerts, 2001	Itra 200	3%	AmB-d 0.7	3%	NS
Walsh, 2002	Vori 6	2%	Lipo AmB 3	5%	Δ 3 (CI 1 to 5), P=0.02
Walsh, 2004	Caspo 50**	5%	Lipo AmB 3	5%	Δ -1 (Δ -3 to 2)



* *Lipo AmB: Mortality IFI 36% vs. 41%, NS*

** *Caspo: Mortality IFI 34% vs. 42%, NS*

Nephrotoxicity (>2x Baseline Creatinine)

	EXPERIMENTAL		CONTROL		
Prentice, 1997	Lipo AmB 1	10%	AmB-d 1	24%	0.01
	Lipo AmB 3	12%			
White, 1998	ABCD 4	8%	AmB-d 0.8	35%	0.001
	+ Cy or Tacro	31%	+ Cy or Tacro	68%	0.001
Walsh, 1999	Lipo AmB 3	19%	AmB-d 0.6	34%	0.001
Wingard, 2000	ABLC 5	42%	Lipo AmB 3	14%	0.001
			Lipo AmB 5	15%	
Winston, 2000	Fluco 400	1%	AmB-d 0.5	33%	0.001
Boogaerts, 2001	Itra 200	5%	AmB-d 0.7	24%	0.001
Ehninger, 2002	Itra 200	4%	AmB-d 0.7	41%	0.001
Walsh, 2002	Vori 6	7%	Lipo AmB 3	8%	NS
Walsh, 2004	Caspo 50	3%	Lipo AmB 3	11%	0.001

Impact of Empirical Antifungal Therapy in Different Clinical Settings

1. In AL vs. allo- vs. auto-HSCT ?
 2. In FUO vs. microbiologically or clinically documented infection ?
 3. In patients receiving or not receiving antifungal prophylaxis ?
- **No consistent differences**
 - **Data lacking**



Comments

HISTORICAL STUDIES IN THE 1980s

- **Current standard of care based on two open studies comparing amphotericin B deoxycholate to nihil**
- **Limited number of patients:** underpowered
- **Benefit of empirical antifungal therapy on occurrence of IFI and mortality due to IFI not unequivocally proven**
- **Evolution of cytotoxic and immunosuppressive therapies, HSCT, supportive care, imaging techniques, and laboratory tests.** Results from these trials applicable to current practice ?

Comments (Cont'd)

COMPARATIVE STUDIES 1990 - 2000

- **Comparison of ampho B to other form of ampho B or agent of a different class. No direct comparison of azoles and echinocandins**
- **No substantial superiority of any antifungal agent for overall response, mainly based on resolution of fever**
- **Effect on IFI or mortality due to IFI difficult to assess in small numbers of events**
- **Ampho B deoxycholate more toxic than lipid forms, azoles or echinocandins, but 10-20x less expensive**
- **No metaanalysis available**

Issues in Comparative Studies

- Case mix, lower risk of IFI may favor demonstration of equivalence of two regimens
 - Short duration of fever at inclusion
 - Documented bacterial infection
 - Auto- vs. AL vs. allo-HSCT
 - Short duration of neutropenia
 - Overtreatment in the majority of patients
- Methodology
 - Open design: doubt on efficacy may ↑ failure rates
 - Primary endpoint:
 - Equivalent/non-inferior efficacy in composite endpoint
 - Toxicity, underpowered for assessment of efficacy



Issues in Comparative Studies (Cont'd)

- Neutrophil recovery <7 days after inclusion → **short duration antifungal therapy** → lower rate of defervescence
- Pertinence of composite primary endpoint ?
 - Defervescence **during or after recovery of neutropenia non-specific**, but major driver for success
 - Overall survival influenced by multiple factors
 - Difference baseline and breakthrough IFI ?
 - Combination of stop due to lack of efficacy or toxicity ?
 - Adjustment for risk stratification ?
- Underpowered to evaluate efficacy in sub-groups (**e.g. high-risk patients or IFI or mortality of IFI**): only explorative value

Duration of Neutropenia and Outcome

Cordonnier, ASH 2004, Abs # 1339

	LIPO AMB	AMB DEOXY	Δ (95%CI)
OVERALL RESPONSE			
Neutropenia < 7 days	42/136 (31%)	57/155 (37%)	NS
> 7 days	28/205 (62%)	112/187 (60%)	NS
OVERALL MORTALITY			
Neutropenia < 7 days	5/136 (6%)	12/155 (8%)	NS
> 7 days	19/205 (9%)	24/187 (13%)	NS
BREAKTHROUGH IFI			
Neutropenia < 7 days	3/136 (2%)	8/155 (5%)	NS
> 7 days	7/205 (3%)	18/187 (10%)	0.01

Impact of Resolution of Fever on Composite Endpoint for Response

De Pauw, ECCMID 2004, Abs # 0423

	CASPOFUNGIN	LIPO AMB	Δ (95%CI)
48h afebrile during neutropenia	34%	34%	0 (-5 to 6)
24h afebrile during neutropenia	52%	48%	4 (-2 to 10)
Afebrile 7 d after start antifungal Rx	55%	53.5%	2 (-4 to 8)
Afebrile NOT in composite endpoint	82%	75%	7 (2 to 12)



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Impact of Type of Statistical Analysis on Success

Walsh, *NEJM*, 2002; 346: 225-34 and 1746-7
Powers (FDA), *NEJM*, 2002; 346: 289-90

	VORICONAZOLE	LIPO AMB	Δ (95%CI)
Unadjusted, composite endpoint	26%	31%	-4.5 (-10.6 to 1.6)
Adjusted, composite endpoint	24%	30%	-6.1 (-12 to 0.1)
Defervescence not included in endpoint	82%	85%	-2.3 (-7.7 to 2.3)

Outcome of Baseline IFI

	Endpoint	LIPO AMB	COMPARATOR	
Walsh, 1999	Success	Lipo AmB 3	9/11 (82%)	AmB-d 0.6 8/11 (73%) NS
Walsh, 2002	Success	Lipo AmB 3	4/6 (67%)	Vori 6 6/13 (46%) NS
Walsh, 2004	Success IFI	Lipo AmB 3	7/27 (26%)	Caspo 50 14/27 (52%) 0.04
	Aspergillosis		1/12 (8%)	5/12 (42%)
	Candidiasis		5/12 (42%)	8/12 (67%)
	Mortality IFI		12/27 (44%)	3/27 (11%) 0.01



Issues in Current Practices

- **Current experts' practices are differentiated according to the clinical setting :**
 - **First vs. relapsing fever**
 - **Underlying conditions**
 - **Clinical presentation (FUO vs. site of infection)**
 - **Previous antifungal prophylaxis**
- **HOWEVER, EVIDENCE FOR THESE PRACTICES IS LACKING AND MOST EXPERTS AGREE THAT FURTHER STUDIES ARE NEEDED**

in Leukemia

3. Evidence-Based Recommendations



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Indication for Empirical Antifungal Therapy in Persistently Febrile Neutropenic Patients

B II



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Choice of Antifungal Drugs for Empirical Therapy

Antifungal agent	Daily dose	CDC Grading		
		Level of Recommendation	Evidence for	
			Efficacy	Safety
Liposomal AmB	3 mg/kg	A	I	I
Caspofungin	50 mg	A ¹	I	I
ABLC	5 mg/kg	B	I	I
Voriconazole	2x 3 mg/kg iv	B ^{1,2,3}	I	I
AmB deoxycholate	0.5-1 mg/kg	B / D ⁴	I	I
Itraconazole	200 mg iv	C ^{1,3}	I	I
Fluconazole	400 mg iv	C ^{1,3,5}	I	I

¹ No activity against mucorales.

² Failed the 10% non-inferiority cut-off when compared with liposomal AmB (and thus not approved by the FDA for this indication), but first-line for aspergillosis and efficacious for prevention of breakthrough IFI.

³ Activity against *Candida* may be limited in patients receiving azole prophylaxis.

⁴ B in absence of / D in presence of risk factors for renal toxicity (e.g. impaired renal function at baseline, nephrotoxic co-medication including cyclosporin or tacrolimus in allogeneic HSCT recipients, aminoglycoside antibiotics, history of previous toxicity).

⁵ No activity against *Aspergillus* and other moulds. Not approved by the FDA for this indication.



Choice of Antifungal Drugs for Empirical Therapy in Allo-HSCT

- Data unclear or limited, value of subgroup analyses for efficacy or toxicity ?
- Amphotericin B deoxycholate: high nephrotoxicity
- Itraconazole: data lacking
- Fluconazole: large use of prophylaxis ↑ risk of resistant *Candida* spp., no activity on *Aspergillus*



Perspectives for the Future



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Pre-emptive strategies

- Risk profile / Underlying conditions
- Previous antifungal prophylaxis
- Clinical presentation: site, severity
- Radiology: high-resolution CT-scan
- Cultures, including colonization
- Modern non-invasive laboratory/molecular markers



1. No therapy in absence of positive findings:
↓ AEs, resistance and costs ?
2. Targeted therapy according to presentation ?

